

Kurt Cobain interview

December 13, 1993

Interviewer

How's your stomach? Oh.

Kurt Cobain

It's gone.

Interviewer

Yeah. Yeah.

Kurt Cobain

I finally have been prescribed the right stomach medicine after six years of being in constant pain. Finally with. I haven't had a stomach problem for like over a year now.

Interviewer

Yeah. Did they finally figure out what it was, or?

Kurt Cobain

No, they never figured out what it was? I mean, most gastrointestinal doctors don't know anything about the stomach diseases. They just they just have a Ph.D., you know, they get paid a lot of money for pretending and prescribing different drugs. And they it's a it's a total scam, as far as I'm concerned, because I went I've been going to doctors for six years, and I've tried every drug available except for this one last one that's brand new. And it finally worked. And it can't be. What do you call that? I mean, it isn't. Well, no, no, it can't be. It isn't a specific stomach ailment. It doesn't have a name or anything. It wasn't a matter of finding out what disease I had. It's just it's you know, it's psychosomatic. It's part of my nervous system.

Kurt Cobain

It's part of, you know, I mean, there are millions of people all over the world who have irritable bowel syndrome. And that's the common term that all doctors call a stomach problem. And they just say, oh, yeah, the irritable bowel syndrome, but I can't fix it. You know, I don't have anything to fix it. But, you know, there's just a variety of, um, of ulcer medicines that can slow down ulcers, you know, and eventually heal them. But I didn't have an ulcer. I just had a red irritation in my stomach, you know? But was in pain. I mean, I was in pain for so long that I didn't care if I was in a band. I didn't care if I was alive, you know, and it just so happened that I came to that conclusion at the time when my band became really popular, you know, I mean, it'd been going on and building up for so many years that I was, you know, suicidal. I mean, I just didn't want to live. So I just thought, if I'm going to die, if I'm going to kill myself, I should take some drugs, you know, as well, become a junkie, because I felt like a junkie every day, you know, you know, waking up, starving, forcing myself to eat, you know, barfing it back up. It's like, you know, just imagine trying to eat your three meals a day and just concentrating and just

crying at times, just like I'm in pain all the time, you know? And being on tour was a lot worse, too, you know? It made it even worse.

Interviewer

So when did they you know, I didn't lose it. I know you just said it. And the next thing that the medicine that.

Kurt Cobain

About a year ago. That's good.